Magnesium

+ B1 + B6 + K2 + D3

Food supplement with sweetener

Additional source of magnesium, vitamin B1, B6, K2, D3 and folic acid

Oligovit<sup>®</sup> Mg Direct, powder for direct oral use, is an additional source of magnesium, vitamin B1, B6, K2 and D3.

Magnesium and vitamin D contribute to normal muscle function.

Magnesium and vitamin B6 reduce fatigue and exhaustion.

Magnesium and vitamins B1 and B6 contribute to normal energy metabolism.

| COMPOSITION OF ACTIVE INGREDIENTS              | 1 SACHET | NRV* | 100g    |
|--|----------|------|---------|
| Magnesium (magnesium oxide)                    | 400.0 mg | 107  | 17.8 g  |
| Vitamin K (microencapsulated menaquinone MK-7) | 45.0 μg  | 60   | 2.0g    |
| Vitamin D3 (cholecalciferol)                   | 10.0 µg  | 200  | 0.4 mg  |
| Vitamin B6 (pyridoxine hydrochloride)          | 1.4 mg   | 100  | 62.2 mg |
| Vitamin B1 (thiamine hydrochloride)            | 1.1 mg   | 100  | 48.9 mg |

\*NRV – Nutrient Reference Value

**Ingredients:** sorbitol (bulking agent), magnesium oxide, citric acid, cherry flavour, menaquinone, cholecalciferol, pyridoxine hydrochloride, thiamine hydrochloride.

#### Use

<u>Adults and children over 14 years of age</u>: Once a day dissolve the contents of 1 sachet directly in the mouth, without adding liquid and swallow.

## Notes

The recommended daily dose should not be exceeded. Food supplements cannot be used as a substitute for a varied and balanced diet! Keep out of reach of small children.

#### Warnings

The product is not intended for people younger than 14 years of age.

Pregnant and lactating women and people taking certain medications should consult their doctor before using this product.

Excessive use may cause a laxative effect.

#### Storage conditions

Store below 25 °C in the original package, protected from light and moisture.

#### Shelf life

Best before the expiry date specified on the packaging.

### Packaging

20 / 50 sachets with powder for direct oral use.

Produced in Republic of Serbia.

Galenika a.d., Batajnički drum b.b., 11080 Belgrade, Republic of Serbia

# **G** Galenika