

Vitup® C 500 mg

Tablets

Dietary supplement

Additional source of vitamin C

Active Ingredient	1 tablet	% NRV*	100 g of the product
Vitamin C	500 mg	625	75.8 g

*NRV – Nutrient Reference Value

Other ingredients: L-Ascorbic Acid; bulking agent: Microcrystalline Cellulose; Maize Starch; stabilizers: Cross-Linked Sodium Carboxymethyl Cellulose, Magnesium Stearate; colour: E101; Maltodextrin; stabilizer: Tartaric Acid.

Action

Vitamin C is the most important, water-soluble antioxidant. It inhibits the oxidation of bad, LDL cholesterol and protects smokers against harmful effects of oxidative stress. Vitamin C contributes to the normal function of the immune system. Vitamin C is essential for the formation of collagen and other components of connective tissues and is required for calcification of bones and teeth. It enhances iron absorption and plays a protective role for vitamin E in the process of its regeneration and supports its extended release.

Increased requirements for vitamin C occur due to inadequate dietary intake, smoking, stress, exposure to toxic environmental agents, sporting activities and heavy psychophysical efforts.

Vitup® C 500 mg tablets are recommended for:

- strengthening of immune system,
- preventing cold or flu,
- persons exposed to stressful situations,
- reducing exhaustion and fatigue,
- maintaining normal function of the immune system during and after intense physical exercises,
- smokers,
- increasing iron absorption,
- keeping teeth and gums healthy

Method of administration

Adults and children over 12 years of age: Once or twice daily take 1 tablet.

Note

Dietary supplements should not be used as a replacement for a varied and balanced diet!

Warning

The recommended daily dose should not be exceeded.

Not intended for children under 12 years of age.

Vitup® C 500 mg tablets should not be taken by people allergic to any of the product ingredients.

Chronic use of aspirin, Omeprazole and oral contraceptives may have a negative influence on the body's level of vitamin C.

Concomitant use of Vitup® C 500 mg tablets with cisplatin and doxorubicin is not recommended due to interaction.

If you have intolerance to some sugars, contact your doctor before taking this product.

Storage

Store below 25 °C, in the original package, in dry and dark place.

Keep out of reach of children.

Shelf-life

Do not use after the expiry date stated on the package.

Packaging

20 tablets.

Holder of notification in database of Ministry of Health of Republic of Serbia:

Galenika a.d., Batajnički drum b.b., 11080 Belgrade, Republic of Serbia



Produced in Republic of Serbia.