

Oligovit® D₃ baby

30 twist-off capsules

Oligovit® D₃ is a food supplement which contains the optimum dose of vitamin D₃ and is given to children from the 8th day until the end of the first year of life to prevent conditions caused by deficiency of this vitamin in infants.

Vitamin D is important for healthy development of infants and children, and has potentially serious effects on children's health in case of its deficiency.

The content of active ingredients	1 twist-off capsule*	% NRV**	100 g*
Vitamin D ₃	10 µg (400 IU)	200	4 mg

*calculated with reference to the net amount contained in a capsule, **NRV - nutrient reference value

Ingredients: olive oil; capsule – gelatin, thickening agent: glycerol, water; antioxidant: extract rich in tocopherols; cholecalciferol.

Action

Vitamin D₃ is important for normal growth and development of bones and teeth.

It belongs to the liposoluble class of vitamins. It is naturally synthesised in the skin, where it is converted from inactive provitamin D to active Vitamin D₃ when exposed to sunlight.

In combination with parathyroid hormone, it contributes to normal absorption and improves utilisation of calcium and phosphorus from the digestive tract, consequently playing an important role in normal bone mineralisation.

Vitamin D₃ takes part in the process of cell division and in protein synthesis and muscle contraction, thus contributing to normal muscle function.

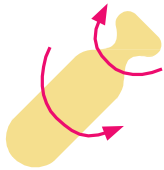
Vitamin D₃ deficiency may result in bone demineralisation and a condition called rickets. Rickets includes a class of conditions characterised by mineralisation (calcium and phosphorus incorporation) disorder affecting the cartilage and developing bones. This results in cartilage and bone overgrowth which forms distinctive thickening at the typical sites. Bones remain soft and, as a result, they end up being fragile and easily broken.

Prevention: All newborns are prescribed vitamin D₃ at the daily dose of 400 IU (10 µg), starting from the second week until the end of the first year of life. Its use is recommended during winter months from the end of the first year of life until the end of puberty.

Vitup D3 provides recommended dose of vitamin D3 (400 IU) required for healthy development of newborns and infants, and thus improves normal bone and teeth growth and development.

Use:

1 twist-off capsule daily, from the 8th day until the end of the first year of life. Twist the upper part of the capsule (cap), pull it up and remove it. Press the capsule and squeeze out the capsule contents directly into baby's mouth or in a teaspoon, or mix it with milk. After the child's first year of life, use the product only in winter months (from October until March).



1. Twist one part of the capsule (cap), pull it up and remove it



2. Press the capsule and squeeze out the capsule contents directly into baby's mouth or in a teaspoon, or mix it with milk

Notes:

Never put the entire capsule in the child's mouth. Squeeze out only its contents!

Dietary supplements should not be used as a replacement for a varied and balanced diet.

Keep out of the reach of children.

Warnings:

The product should not be used by persons sensitive to any of the ingredients in this product.

Pregnant and breast-feeding women should not take this product without talking to their doctor first.

The recommended daily dose should not be exceeded.

Storage conditions

Store in a dry place, protected from light, at temperatures from 15°C to 25°C.

Shelf life

Do not use after the expiry date stated on the pack.

Holder of the right to enter the data into database of the Ministry of Health of the Republic of Serbia/Importer:

Galenika a.d., Batajnički drum b.b., 11080 Belgrade, Republic of Serbia

 Galenika

Manufactured in: EU Imported from: EU