## **Hibideks**®

# 0.12%

## Mouthwash

chlorhexidine 0.12%

Special purpose cosmetics

Antiseptic mouthwash used to prevent dental plaque formation.

## Hibideks® 0.12% Mouthwash is used:

- to prevent dental plaque formation;
- as a supplement to mechanical removal of dental plaque;
- to protect the gums;
- as an addition to oral hygiene, especially in the situations when appropriate teeth brushing is not possible (e.g. in orthodontic and prosthetic treatments);

**Ingredients:** Aqua, Propylene Glycol, Alcohol, Hydrogenated Starch Hydrolysate, Polysorbate 80, Sodium acetate trihydrate, Chlorhexidine Digluconate, Eucalyptol, Aroma, Limonene, Linalool, Salvia Officinalis Oli, Acetic acid, Sodium Saccharin, CI 42090.

#### Method of use

Hibideks® 0.12% Mouthwash is intended for oromucosal use.

The mouthwash must not be swallowed.

Thoroughly rinse your mouth with 15 mL of the solution during a one-minute period, twice daily. Spit it out after use.

After the use of Hibideks<sup>®</sup> 0.12% Mouthwash, do not rinse your mouth with water or other solutions, and do not eat or brush your teeth for the subsequent 30 minutes.

If you are getting ready for a dental surgery, you should rinse your mouth as recommended by your dentist. Use the mouthwash for as long as your dentist or doctor tells you.

Hibideks® 0.12% Mouthwash is recommended to everyone with gum irritation during a one-month period.

It helps maintain mouth hygiene in persons wearing dentures or other dental restorations.

In case of additional hygiene in patients with dentures, dentures should be cleaned and immersed in the mouthwash for 15 minutes twice daily.

Make sure that the product does not get into contact with your eyes and ears. If the product gets into your eyes, thoroughly rinse your eyes straight away.

Hibideks<sup>®</sup> 0.12% Mouthwash is incompatible with anion compounds normally found in toothpaste. Therefore, toothpaste should be used prior to using the mouthwash (rinsing between two applications) or at any other time of day.

### Warnings and precautions

Do not use Hibideks® 0.12% Mouthwash if you are allergic to chlorhexidine or to any other ingredient in the product.

Children under 12 years old should not use this product, unless recommended by a doctor.

Stop using the product and immediately seek medical assistance if you experience rash, swelling of your lips, tongue, throat or face, mouth pain or irritation, or breathing difficulties.

You may experience taste disturbance and burning or tingling of the tongue at the beginning of application.

Hibideks<sup>®</sup> 0.12% Mouthwash may cause discolouration of the tongue and teeth. However, this is transient and it resolves after you stop the treatment.

Teeth staining can be largely prevented:

- by brushing your teeth with usual toothpaste and rinsing them with water 5 minutes before rinsing your mouth with Hibideks® 0.12% Mouthwash;
- by avoiding food and drinks that contain tannins (e.g. tea, coffee, red wine) at least one hour after using Hibideks® 0.12% Mouthwash.
- in patients wearing dentures by regular use of suitable preparations for cleaning dentures.

In certain cases, teeth should be cleaned and polished in order to completely remove their discolouration. Dentures can be cleaned with usual preparations for cleaning dentures.

## **Storage conditions**

Store at temperatures up to 30°C, in the original pack.

After the first opening, store at temperatures up to 25°C, in the original pack, for no longer than a month.

Keep out of the reach of children.

#### **Packaging**

180 ml

/logo Galenika/

Batajnički drum b.b., 11080 Belgrade Made in the Republic of Serbia